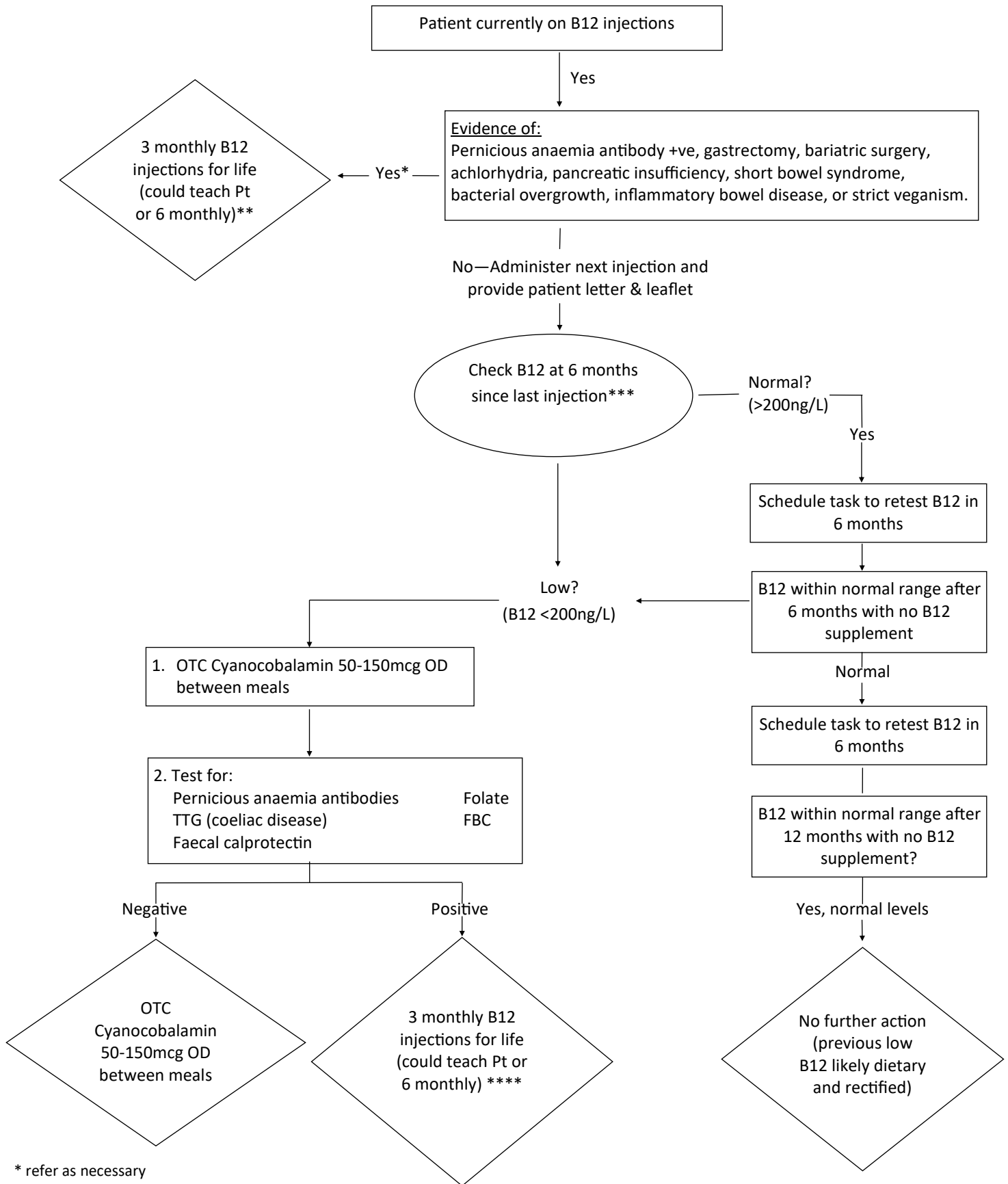


# Flowchart for reviewing adult patients on Vitamin B12 injections (18yrs+)



\* refer as necessary

\*\* with neurological symptoms inject every 2 months

\*\*\* pts declaring other symptoms despite high or normal B12 consider checking urine methylmalonic acid and recommending OTC oral B12 50-150mcg daily (and consider other diagnosis i.e. EMG studies, TFT, ESR, ANA etc.)

\*\*\*\* investigate all abnormal, beware that non-exogenous high B12 needs investigating