

## **Do not prescribe - medicines or preparations for Dental Conditions on FP10**

The CCGs do not support the prescribing of medicines or preparations for dental conditions on FP10 prescriptions unless they meet the exclusion criteria listed below. Dentists are best placed to assess dental problems, and to prescribe and monitor medicines for them. Patients presenting to non-dental primary care services with dental problems should be directed to their regular dentist, or if this is not possible, to the NHS 111 service (in England), who will be able to provide details of how to access emergency dental care.

### **Do not prescribe:**

- Medicines that dentists could reasonably prescribe themselves on an FP10D. These are listed in the Dental Practitioners' Formulary: <https://bnf.nice.org.uk/dental-practitioners-formulary/>
- Medicines that have been prescribed on a private prescription following private dental treatment.
- Higher-strength fluoride products e.g. toothpaste, oral drops, tablets – brands include Duraphat®, Endekay®, Fluor-a-day®.
- Items for minor dental/mouth conditions, as explained in the NHSE/NHSCC document 'Conditions for which OTC items should not routinely be prescribed in primary care' e.g. toothpastes, throat sprays, mouth gels, mouthwash – including chlorhexidine and benzydamine.

### **Exclusions:**

- Where hospital admission is **not** required then antibiotics can be prescribed for the management of dental abscess in the absence of immediate attention by a dental practitioner<sup>1</sup> where:
  - The patient is systemically unwell or has signs of severe infection (e.g. fever, lymphadenopathy, cellulitis, diffuse swelling). It is the responsibility of the prescribing clinician to ensure there is adequate follow-up.
  - For high risk individuals to reduce the risk of complications (e.g. people who are immunocompromised or have diabetes).
- After head and neck cancer treatment on recommendation of a specialist consultant – according to local formularies.
  - IESCCG - all dental products recommended should be prescribed by the dentist.
  - NEECCG & WSCCG: all dental products recommended should be prescribed by a dentist, but GP prescribing of higher strength fluoride toothpastes is allowed on the advice of an oncologist.
- Items which are not in the Dental Practitioners' Formulary can be prescribed in special circumstances where dental practitioners are unable to prescribe on FP10D, and yet the treatment is indicated e.g. tranexamic acid products.

**It is the responsibility of the prescribing clinician to ensure there is adequate follow-up.**

If the decision is made to provide antibiotic treatment, refer to the local Antibiotic Formulary at [Suffolk and North East Essex Primary Care and A&E Antimicrobial Formulary](#). Inform the patient that they **MUST** seek a dental appointment as soon as possible and ensure adequate records are made of history-taking, examination, decision making, treatment provided and instructions to the patient.

### **Patient queries or complaints**

Any patient queries or complaints should be directed to the Patient Advice & Liaison service (PALS)

- Ipswich & East CCG & West Suffolk CCG: [wscgg.pals@nhs.net](mailto:wscgg.pals@nhs.net) • North East Essex CCG: 01206 918730 / [NEECCG.PALS@nhs.net](mailto:NEECCG.PALS@nhs.net)

### **References**

1. CKS (2018) 'Dental abscess', Available at: <https://cks.nice.org.uk/dental-abscess> (Accessed: 8/9/2020)
2. BNF (2020) 'List of Dental Preparations', Available at: <http://www.evidence.nhs.uk/formulary/bnf/current/dental-practitioners-formulary/list-of-dental-preparations> (Accessed: 10/02/2020)
3. Guidance on prescribing medicines. General Dental Council. [www.gdc-uk.org/docs/default-source/guidance-documents/guidance-on-prescribing-medicines.pdf?sfvrsn=2e82e39c\\_2](http://www.gdc-uk.org/docs/default-source/guidance-documents/guidance-on-prescribing-medicines.pdf?sfvrsn=2e82e39c_2) (Accessed 8.9.2020)
4. Conditions for which over the counter items should not routinely be prescribed in primary care <https://www.england.nhs.uk/medicines-2/conditions-for-which-over-the-counter-items-should-not-routinely-be-prescribed/>
5. Prescipp. Bulletin B95. Dental products on FP10 DROP-List. January 2015