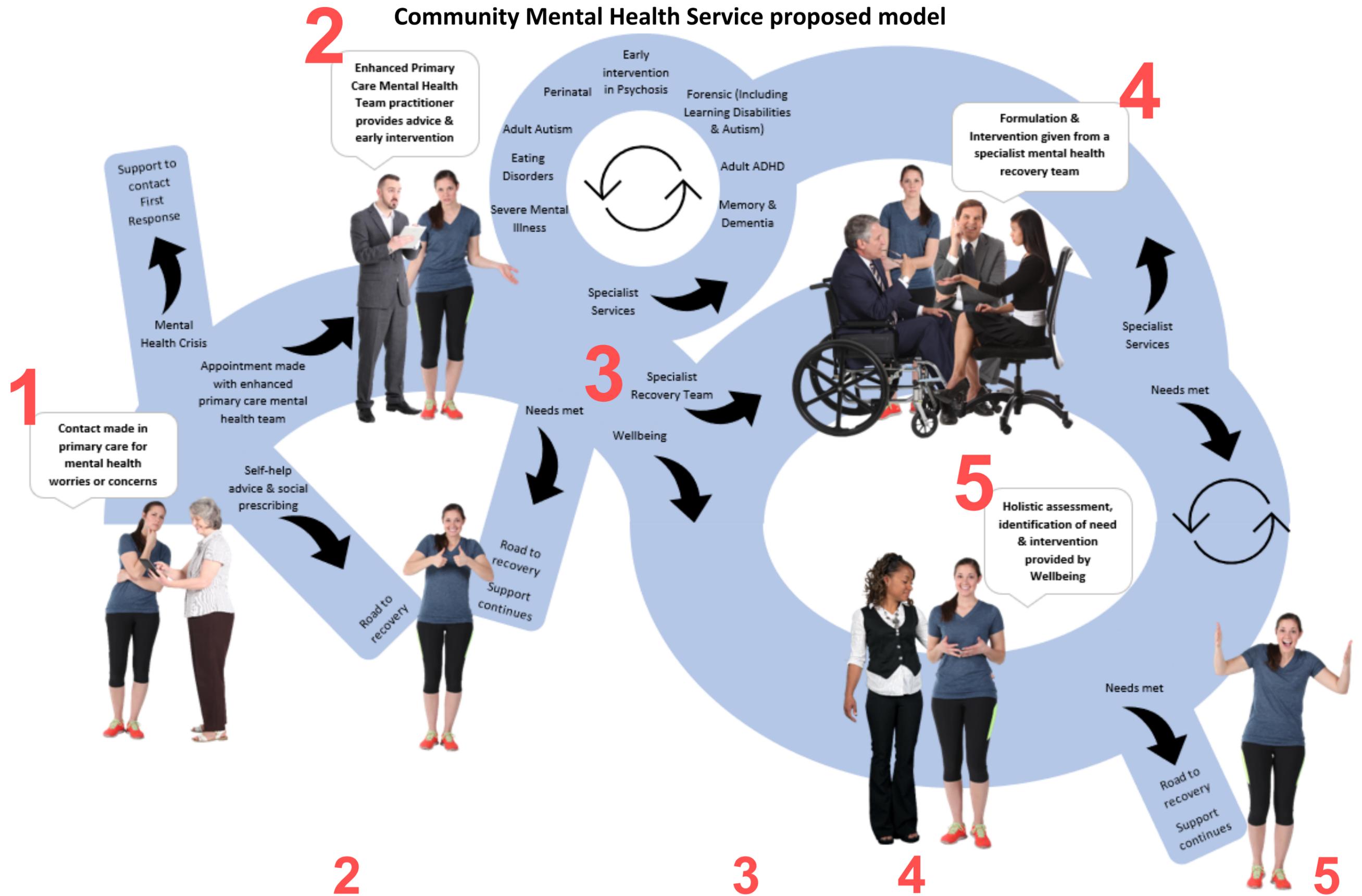


## 2 Community Mental Health Service proposed model



1

People are supported to access the Enhanced Primary Care Team from practice reception, e-Consult/Ask my GP who have identified they need support but who are not in crisis, people in a crisis will be supported to contact the First Response crisis service. The right person will be skilled to support people's mental health in Suffolk, they could be from, Voluntary and Community Groups, Social Care, Housing providers or Mental Health teams. They will support people to get the right support they need.

2

The Enhanced Primary Care Mental Health Team will see people of any age with a mental health concern and are based in the locality. Same day contact will be made to further understand needs and who can best support them. They will make reasonable adjustment to meet the needs of people with learning disabilities and autism where possible. The mental health practitioners can provide assessment, early intervention in addition to having access to specialist services, specialist recovery teams and wellbeing for advice, guidance, support, and direct access.

3

Timely direct access to specialist services will be at a point in a person's journey that is right for them via a professional that understands their needs.

4

The Specialist Mental Health Recovery Team supports high risk, complex and actively unwell service users, who cannot be supported by the Enhanced Primary Care Teams. They will facilitate service user's recovery by working closely with other professionals within the health and social care systems. They will make reasonable adjustment to meet the needs of people with learning disabilities and autism where possible.

5

The Wellbeing service provides a range of support for people with common mental health and emotional issues, such as low mood, depression, or stress. The service is available for people over the age of 16.