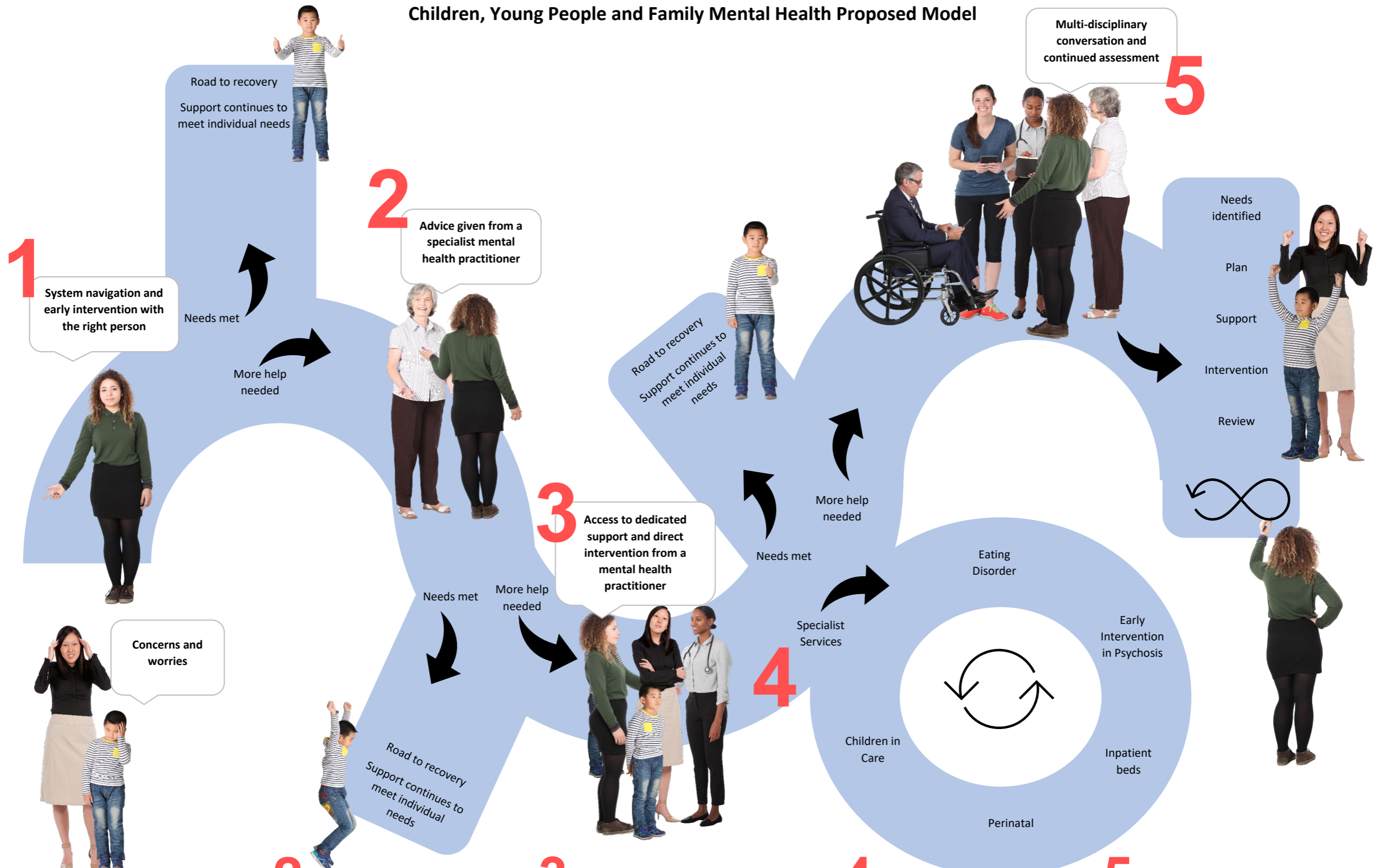


# Children, Young People and Family Mental Health Proposed Model



**1** The right person will be skilled to support access and provide early intervention to children, young people and families, they could be from:

- Schools
- GP Practice
- Voluntary Community and Social Enterprise Organisations
- Social Care
- Early Help

They will support children, young people, and families to navigate the system to get the right support they need.

**2** Additional support from a mental health practitioner can be requested to offer consultation and advice without the need to make a referral to enable focused early intervention.

Reasonable adjustments will be made so the service can support people with special education needs, learning disabilities and autism.

**3** Dedicated support and direct intervention will be easily accessible to provide dedicated mental health support when needed and provide consultation support to the early intervention function, this will include Learning disability mental health services to provide both consultation and direct interventions.

Reasonable adjustments will be made so the service can support people with special education needs, learning disabilities and autism.

**4** If access to specialist services is identified this can be done at any point in the journey including the first conversation.

Reasonable adjustments will be made so the service can support people with special education needs, learning disabilities and autism.

**5** If a Specialist Assessment is requested, it will be co-ordinated and completed within 18 weeks from date of referral to identification of need/diagnosis. This includes specialist Assessments for ASD/ADHD/SPD. There will be an emphasis on 'support plan' not diagnosis.

Reasonable adjustments will be made so the service can support people with special education needs, learning disabilities and autism.