



integrated working

## Gluten Free Formulary January 2020

The table below shows the number of allowed monthly units on a prescription as recommended by West Suffolk CCG:

Age Group	Number of units per month
Child 1-18 years	8
Adults aged 19 and older	0

### Long-life bread

	Pack size	Units per pack
Glutafin gluten-free white sliced loaf 300g	1 x 300g	1
Glutafin gluten-free fibre sliced loaf 300g	1 x 300g	1
Glutafin gluten-free high fibre sliced loaf 350g	1 x 350g	1
Glutafin gluten-free Select white sliced loaf 400g	1 x 400g	1
Glutafin gluten-free Select fibre sliced loaf 400g	1 x 400g	1
Glutafin gluten-free Select seeded loaf 400g	1 x 400g	1
Juvela gluten-free white sliced loaf 400g	1 x 400g	1
Juvela gluten-free white unsliced loaf 400g	1 x 400g	1
Juvela gluten-free fibre sliced loaf 400g	1 x 400g	1
Juvela gluten-free fibre unsliced loaf 400g	1 x 400g	1
Juvela gluten-free part-baked white loaf 400g	1 x 400g	1
Juvela gluten-free part-baked fibre loaf 400g	1 x 400g	1

### Long-life rolls

Glutafin gluten-free white rolls 200g (50g x 4)	4 x 50g	0.5
Glutafin gluten-free part-baked fibre rolls 200g (50g x 4)	4 x 50g	0.5
Juvela gluten-free white rolls 425g (85g x 5)	5 x 85g	1
Juvela gluten-free fibre rolls 425g (85g x 5)	5 x 85g	1

### Fresh bread

Genius white sandwich bread sliced 535g	6 x 535g	6
Genius brown sandwich bread sliced 535g	6 x 535g	6
Glutafin gluten-free Select fresh white sliced 400g	8 x 400g	8
Glutafin gluten-free Select fresh brown sliced 400g	8 x 400g	8
Juvela gluten-free fresh white sliced 400g	8 x 400g	8
Juvela gluten-free fresh fibre sliced 400g	8 x 400g	8

### Fresh rolls

Juvela gluten-free fresh white rolls 425g (85g x 5)	8 x 5 x 85g	8
Juvela gluten-free fresh fibre rolls 425g (85g x 5)	8 x 5 x 85g	8



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### Mixed cases of fresh bread and/or rolls

	Pack size	Units per pack
Juvela fresh white loaves 4 x 400g + fresh white loaves 4 x 400g	8 x 400g	8
Juvela fresh white loaves 4 x 400g + fresh white rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh white loaves 4 x 400g + fresh fibre rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh fibre loaves 4 x 400g + fresh fibre rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh fibre loaves 4 x 400g + fresh white rolls 4 x 425g	4 x 400g + 4 x 425g	8
Juvela fresh white rolls 4 x 425g + fresh fibre rolls 4 x 425g	8 x 425g	8

### Mixes

Barkat gluten-free all purpose flour mix 500g	1 x 500g	2
Glutafin gluten-free multipurpose white mix 500g	1 x 500g	2
Glutafin gluten-free wheat-free fibre mix 500g	1 x 500g	2
Glutafin gluten-free Select multipurpose white mix 500g	1 x 500g	2
Glutafin gluten-free Select multipurpose fibre mix 500g	1 x 500g	2
Juvela gluten-free white mix 500g	1 x 500g	2
Juvela gluten-free fibre mix 500g	1 x 500g	2
Juvela gluten-free harvest mix 500g	1 x 500g	2
Barkat gluten-free hi-fibre bread mix 500g	1 x 500g	2
Glutafin gluten-free bread mix 500g	1 x 500g	2
Glutafin gluten-free fibre bread mix 500g	1 x 500g	2
Glutafin gluten-free Select bread mix 500g	1 x 500g	2
Glutafin gluten-free Select fibre bread mix 500g	1 x 500g	2