

My Care Wishes – Notification of Changes to Key Documents

My Care Wishes (sometimes known as the ‘yellow folder’) enables individuals living with a long term or life limiting condition, and their families, to consider their preferences for care, including their wishes in an urgent situation and for end of life care. It is a tool for sharing information with the wider health and care community, supporting communication and co-ordination between services that provide care.

In response to concerns raised by professionals and Healthwatch Suffolk’s BME and Diversity Group (regarding duplication of recording and inaccessible content), a multi-agency group across Ipswich and east and west Suffolk was established to review MCW documentation.

The group reviewed and updated both the Shared Care and Support Plan (SC&SP) and the Guidance Notes (now called Information Sheet). The revised documents were then trialled in January 2019 across east and west Suffolk with Family Carers, Care Homes and Community Matrons. There is a consensus that the revised version of the SC&SP is now easier to complete and the Information Sheet is helpful in supporting completion.

The new Shared Care and Support plan will be supported by a revised template on SystemOne.

It is important to say that this is not a new scheme but simply an improvement to the existing MCW folder that is currently in use. We will review this documentation annually in order to take national guidance, best practice and local drivers into account. These will be considered and incorporated in future versions as necessary.

Planned roll out

From 1st April 2019 the revised documents will be sent out with any new requests for My Care Wishes folders, and will be available on the Ipswich and East Suffolk and West Suffolk CCGs’ websites. Existing packs can still be used and there is no need to change any documentation that has been completed to date.

In the east My Care Wishes folders are available via Jen Burman at Jennifer.Burman@ipswichandeastsuffolkccg.nhs.uk or telephone 01473 770138

In the west My Care Wishes folders are available via Carol King at Carol.King@westsuffolkccg.nhs.uk or telephone 01284 758010

For questions or further information please contact gillian.mountague@ipswichandeastsuffolkccg.nhs.uk or trisha.stevens@westsuffolkccg.nhs.uk