



Flash Glucose Monitoring (FreeStyle Libre®)

Prescribing Policy

Effective from 01 April 2019

GP's should not initiate FreeStyle Libre®

GP's should only prescribe if authorised to do so by a specialist diabetes multidisciplinary team (MDT), and in line with guidance from them. This applies to new initiations and to prescribing for previous self-funders of Flash Glucose Monitors. NHS prescribing (following specialist diabetes MDT authorisation) is only supported for people with diabetes who meet AT LEAST ONE of the defined NHS England criteria listed below.

FreeStyle Libre® can be purchased privately by patients who do not meet the criteria OR patients who meet the criteria but are awaiting an appointment with their specialist diabetes MDT.

Criteria for new initiation

Criteria 1
People with Type 1 diabetes who are clinically indicated as requiring intensive monitoring >8 times daily.

Criteria 2
People with any form of diabetes on haemodialysis and on insulin treatment and who are clinically indicated as requiring intensive monitoring >8 times daily.

Criteria 3
People with diabetes associated with cystic fibrosis on insulin treatment.

Criteria 4
People with Type 1 diabetes for whom the specialist diabetes MDT determines have occupational or psychosocial reasons for a trial of FreeStyle Libre®

Criteria 5
Pregnant women with Type 1 Diabetes - 12 months in total inclusive of post-delivery period.

Criteria 6
People with Type 1 diabetes unable to routinely self-monitor blood glucose due to disability who require carers to carry out glucose monitoring and insulin management.

Criteria 7
People with Type 1 diabetes and recurrent severe hypoglycaemia or impaired awareness of hypoglycaemia in whom the specialist diabetes MDT consider that the device would be helpful.

Criteria for on-going prescribing for

- previous self-funders of Flash Glucose Monitors OR
- previous initiation by a specialist diabetes MDT

People with Type 1 diabetes where those with clinical responsibility for their diabetes care are satisfied that their clinical history suggests that they would have satisfied one or more of these criteria prior to them commencing use of Flash Glucose Monitoring had these criteria been in place prior to April 2019 AND has shown improvement in their diabetes self-management.

Bibliography

1. NHS England (2019) Flash Glucose Monitoring: National Arrangements for Funding of Relevant Diabetes Patients