

"I STUMBLE" Algorithm for Help

Clear of Dangers? **CALL 999** Any Response? Airway Open? **Breathing Adequate? Pulse Present?** Keep resident **CALM INTENSE PAIN** STILL **SUSPECTED COLLAPSE COMFORTABLE** TRAUMA TO NECK/BACK/HEAD UNUSUAL BEHAVIOUR MARKED DIFFICULTY IN BREATHING/CHEST PAIN BLEEDING FREELY LOSS OF CONSCIOUSNESS/KNOCKED OUT **EVIDENCE OF FRACTURE** Answer all questions and follow instructions **FAST Test normal** from 999 call taker Face - equal on both sides Arms – able to hold both arms up without assistance Speech – no slurring, able to speak as normal Time - Get an accurate time of onset Use correct lifting aids and manual handling to lift resident from the floor Wait with resident until ambulance arrives **REASSESS** Treat minor injuries within scope of practice Prepare medications:-Consider GP/Nurse for minor injury treatment Observe regularly for changes in condition MAR sheets For further advice call NHS 111 Relevant documentation Document Falls record and any injuries on body map Inform Next of Kin **Commence Falls investigation**

EEAST/NWilliams Adapted from West Midlands Ambulance service

Complete a Falls Referral