








VISION 2020 (UK) Limited:
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Patient information – eye health and sight loss

The eye health sector, including optical bodies and charities, produce a range of patient information about eye health, including advice on specific eye-related conditions and sight loss. The following organisations and charities all work towards educating the public on the importance of eye health.

 <p>Action for blind people working with RNIB</p>	<h3>Action for Blind People</h3> <p>Action for Blind People provides practical and emotional advice and support across England to people who are blind or partially sighted and their friends and family.</p> <p>Leaflet: Children, young people and families (PDF, 408KB) text only Children, young people and families (Word, 27KB) or listen to Children, young people and families (MP3, 1.5MB)</p> <p>Leaflet: Action resource centres (PDF, 347KB), text only Action resource centres (Word, 26KB) or listen to Action resource centres (MP3, 1.3MB)</p> <p>Leaflet: Mobile sight loss information service (PDF, 390KB), text only Mobile sight loss information service (Word, 25KB) or listen to Mobile sight loss information service (MP3, 1.5MB)</p> <p>Website: www.actionforblindpeople.org.uk</p>
 <p>Association of Optometrists</p>	<h3>Association of Optometrists</h3> <p>The Association of Optometrists (AOP) represents both optometry as a profession and the views of individual optometrists. The AOP runs a 'back to school' children's eye health campaign with advice for parents. Free campaign resources, including posters, presentations aimed at children and adults and parents' leaflets are available on the AOP website.</p> <p>Leaflet: Children's eye health</p> <p>Posters: Children's eye health 'When I grow up'</p> <p>Website: www.aop.org.uk</p>

	Twitter: @The_AOP
	<p>Blind Children UK</p> <p>Blind Children UK delivers services to children and young people with sight loss. These include support, information and advice, family events, mobility and life skills training, access to grants for technology and equipment, and the production of large print books.</p> <p>Guidance:</p> <p>How to guide your child with a visual impairment (Word Doc 54 KB)</p> <p>Is it in the family? (Word Doc 63 KB)</p> <p>Professionals supporting your family (Word Doc 58 KB)</p> <p>Siblings of children with visual impairment (Word Doc 81 KB)</p> <p>What is low vision? (Word Doc 55 KB)</p> <p>Early learning at home (Word Doc 31 KB)</p> <p>Eye conditions explained (Word Doc 30 KB)</p> <p>Glossary (Word Doc 29 KB)</p> <p>Nursery and child care (Word Doc 31 KB)</p> <p>Speaking with fellow parents (Word Doc 29 KB)</p> <p>The diagnosis journey (Word Doc 29 KB)</p> <p>The eye clinic appointment (Word Doc 29 KB)</p> <p>What can my child see? (Word Doc 29 KB)</p> <p>What is a certificate of visual impairment? (Word Doc 30 KB)</p> <p>Website www.blindchildrenuk.org</p>
 <p>THE COLLEGE OF OPTOMETRISTS</p>	<p>College of Optometrists</p> <p>The College of Optometrists manages a public website containing eye health information and leaflets on a range of topics, including: Glaucoma, AMD, children's eye health, flashes and floaters, blepharitis, ageing eyes and falls, and cataracts. There are also fact sheets on subjects including 3D, orthokeratology, nutrition and ready-made spectacles.</p> <p>Website: Look after your eyes.org</p>
	<p>Eyecare Trust</p> <p>The Eyecare Trust is a registered charity that exists to raise awareness of all aspects of eye health and the importance of regular eye care. The Eyecare Trust website includes a range of public information, including four key sections A-Z of eye</p>

	<p>conditions, Guide to healthy sight, Looking good and seeing well and Treatment.</p> <p>The charity also publishes a range of patient information leaflets including: The Eye Examination, Your Child’s Eyesight; VDUs and your Eyes; Vision Through Generations (presbyopia); Contact Lenses; Healthy Eyes, Health You; Seeing Well, Looking Good, Feeling Great; Clear Vision, Safe Driving; Wearing and Caring for Soft Contact Lenses and Wearing and Caring for gas permeable contact lenses.</p> <p>The charity’s public information line 0845 129 5001 provides eyecare advice and information.</p> <p>Website: www.eyecaretrust.org.uk Twitter: @EyecareTrust</p>
	<p>Federation of (Ophthalmic and Dispensing) Opticians</p> <p>The Federation of (Ophthalmic and Dispensing) Opticians (FODO) represents eye care providers and registered opticians in business in the UK and Republic of Ireland.</p> <p>Guidance: Optics at a glance Leaflet: Sight tests at home</p> <p>Website: www.fodo.com</p>
	<p>Fight for Sight</p> <p>Fight for Sight is the UK’s main eye research charity. The charity funds pioneering research into the prevention and treatment of sight loss and eye disease. It currently funds £9m of eye research at 35 universities and hospitals across the country and aims to create a future that everyone can see.</p> <p>Our eye information section focuses on conditions and highlights the current research projects.</p> <p>For further information please visit www.FightforSight.org.uk or call 0207 264 3900.</p>
	<p>Guide Dogs</p> <p>Guide Dogs is a charity working across the UK to help people</p>

	<p>who are blind or partially sighted. Whatever challenges you face in getting around on your own terms, we're here to help find a solution that is right for your needs. We can do this either through one of our services, or by connecting you to another organisation we work with in your area.</p> <p>Leaflet: More on getting a guide dog (PDF download - 250kb) or Listen to our audio guide (MP3 download - 3.9MB) Leaflet: Our services leaflet PDF (5MB) or Our services leaflet Doc text only (29Kb) Leaflet: How to apply for a buddy dog PDF (570KB) Leaflet: Sighted Guiding Leaflet PDF (257KB) or Sighted Guiding Leaflet Word (25KB) Leaflet: My Guide leaflet PDF (1.5MB) Leaflet: Changing Lives PDF (1.8Mb) or Changing Lives Word (55Kb)</p> <p>Website: www.guidedogs.org.uk</p>
	<p>International Glaucoma Association</p> <p>The International Glaucoma Association (IGA) produces 22 patient leaflets which are provided free of charge to eye clinics and opticians. The IGA has Information Standard accreditation and also provide free posters, helpline cards and dispensers, and Compliance Aids to eye clinic departments. The most popular patient information is:</p> <p>Leaflet: A guide to glaucoma Leaflet: Driving and Glaucoma; Eye drops and dispensing aids Leaflet: Working with you to save sight</p> <p>Website: www.glaucoma-association.com</p>
	<p>Local Optical Committee Support Unit</p> <p>The Local Optical Committee Support Unit (LOCSU) provides support and advice to more than 80 Local Optical Committees. LOCSU has jointly produced information for people with learning disabilities with the charity, SeeAbility:</p> <p>Guidance: Getting the best eye care: Easy read for people with learning disabilities</p> <p>Website: www.locsu.co.uk</p>
	<p>Macular Society</p>



Support throughout central vision loss

The [Macular Society](#) produces a range of information leaflets, as well as a number of fact sheets for the public. All leaflets are free and available from their helpline by calling 0300 3030 111. The leaflets are also available on audio and can be downloaded as accessible PDFs from the website.

Leaflet: [Your guide to age related macular degeneration](#)

Leaflet: [Your guide to juvenile macular dystrophies](#)

Leaflet: [Age-related macular degeneration - A short guide](#)

Leaflet: [Daily Living Skills](#)

Leaflet: [Driving](#)

Leaflet: [Emotional impact of sight loss](#)

Leaflet: [Lighting](#)

Leaflet: [Low vision aids](#)

Leaflet: [New skills for seeing](#)

Leaflet: [Nutrition and your eyes](#)

Leaflet: [Protecting your eyes from light](#)

Leaflet: [Registering as sight impaired](#)

Leaflet: [Smoking and sight loss](#)

Leaflet: [Support groups](#)

Leaflet: [Supporting someone with sight loss](#)

Leaflet: [Treatment for macular conditions](#)

Leaflet: [Using technology](#)

Leaflet: [Visual hallucinations](#)

Website: www.macularsociety.org



National Eye Health Week

The sixth annual National Eye Health Week (NEHW) will take place 21–27 September 2015. Once again, eye care charities, organisations and health professionals from across the UK are joining together to promote the importance of eye health and the need for regular sight tests for all.

The Week publishes a free resource pack full of posters, leaflets, flyers and magazines designed to encourage the public to take steps to protect their eye health.



Website: www.visionmatters.org.uk

Twitter: @myvisionmatters



Optical Confederation

The [Optical Confederation](#) speaks and acts in a powerful and coordinated way for UK optical professionals, manufacturers,

	<p>retailers, distributors and importers.</p> <p>Guidance: Vision: key facts for drivers Poster: Your eyes save lives</p> <p>Website: www.opticalconfederation.org.uk</p>
 <p>Supporting people with sight loss</p>	<p>Royal National Institute of Blind People (RNIB)</p> <p>We're RNIB and we're here for everyone affected by sight loss. Whether you're losing your sight or you're blind or partially sighted, our practical and emotional support can help you and your loved ones face the future with confidence.</p> <p>We offer advice on staying in work, using technology to do everyday tasks, and emotional support to help people come to terms with sight loss.</p> <p>Leaflet: Staying in work (Word, 384KB) Leaflet: Emotional support (PDF, 174KB) or text only Emotional support (Word, 161KB) Leaflet: Starting out – Making the most of your sight (PDF, 1357KB) or text only Starting out – Making the most of your sight (Word, 58KB) Leaflet: Starting out – Help from social services (PDF, 2.23MB) or text only Starting out – Help from social services (Word, 75KB) Leaflet: Starting out – Benefits, concessions and registration (PDF, 1274KB) or text only Starting out – Benefits, concessions and registration (Word, 33KB) Webpage: Products for people with sight loss – RNIB Shop Webpage: Information about your eye condition</p> <p>Website: rnib.org.uk</p>
	<p>The Royal College of Ophthalmologists</p> <p>The Royal College of Ophthalmologists has partnered with the various organisations in the eye health sector to develop useful information leaflets on various eye conditions. The 'Understanding' leaflets, in association with RNIB, are available in print, audio and braille.</p> <p>Leaflet: Range of topics, including AMD, cataracts, dry eye glaucoma and low vision</p> <p>Website: www.rcophth.ac.uk</p>

	<p>SeeAbility</p> <p>Charity SeeAbility's purpose is to encourage people who are blind or partially sighted and have multiple disabilities to achieve their full potential and enhance their quality of life.</p> <p>Guidance: Guidance for GP's: Vision and People with Learning Disabilities:</p> <p>Website: www.seeability.org</p>
 <p>VISION 2020 (UK) Limited: Registered Charity Number 1146746</p>	<p>VISION 2020 (UK) Ltd</p> <p>VISION 2020 (UK) Ltd is an umbrella organisation which facilitates greater collaboration and co-operation between organisations within the UK, which focus on vision impairment and operate on a national, regional or international basis.</p> <p>Leaflet: Dementia and Sight Loss FAQ's Leaflet: Cataract and Dementia</p> <p>Website: www.vision2020uk.org.uk</p>