



Community Engagement Group

Connect Sudbury Update

28 April 2016

Connect Sudbury

- What's the background?
- What has come out of development?
- Summary - Where are we going?
- Next steps

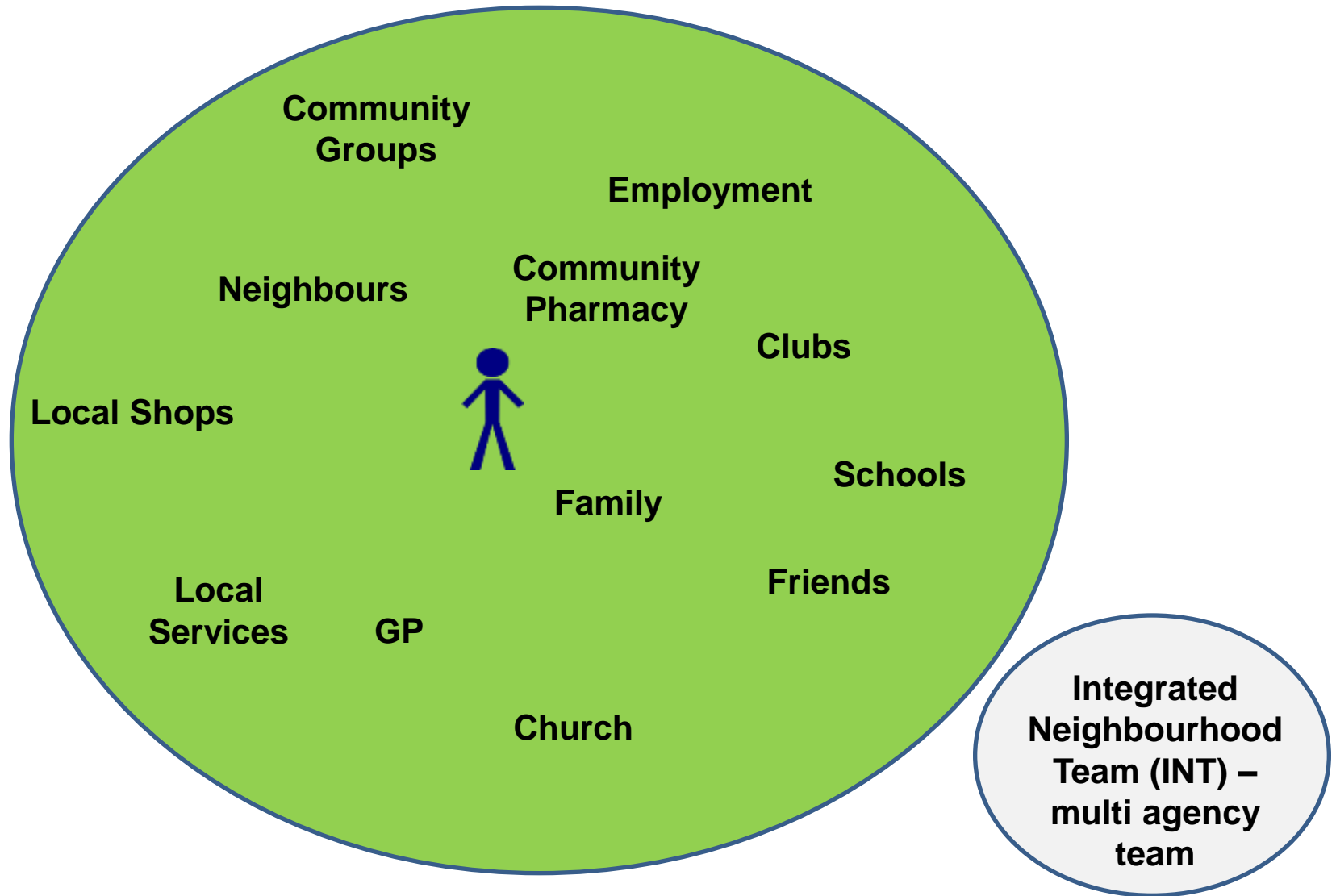
What's the background?

- Long standing knowledge that integrated care will provide a better health and care system for people – but in East and West Suffolk partners were struggling to make this a reality at scale
- The Health and Care Review – started in December 2013 - aimed to create a shared view of a future integrated system
- The vision and service model has been signed up to by all partners, and has informed the Suffolk Better Care Fund Plan
- Partners are now committed to delivering the new model of care – *Connect Sudbury and Connect East Ipswich* are the forerunners for the new system

Connect project aims

- Sudbury was the test bed for county wide plans for integrating care. This started in January 2015
- People to be able to live safe, healthy and independent lives for as long as possible
- Simpler health and care system to navigate
- Information that helps people to manage their health, care and support needs
- Co-ordinated care – particularly for people with multiple conditions
- Earlier action to prevent crisis
- Two main building blocks: Neighbourhood Networks & Integrated Neighbourhood Teams

The Neighbourhood Network: a person's support network

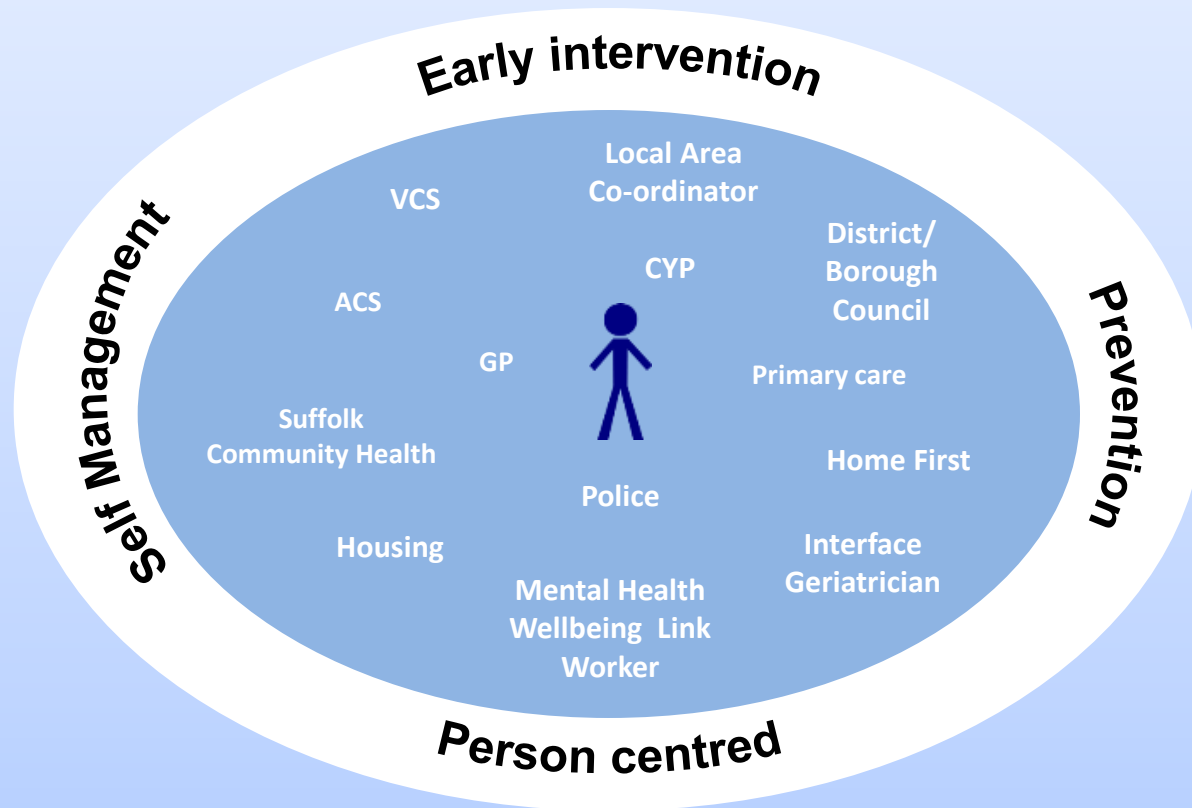


Supporting the individual to remain healthy, active and engaged in their community

The Neighbourhood Network: The Reality



The Integrated Neighbourhood Team



Getting to know each other:

- INT Directory
- Workplace shadowing
- Life Timeline tool
- Lunch & Learns
- INT Principles

What has come out of development?

- Development of an INT checklist has focused around four key areas:
 - **Getting to know the team** – Lunch & learns, workforce shadowing, team directory
 - **Joint processes** – shared care and support plans, referral management, case finding and joint planning
 - **Joint enablers** – co-location, WiFi and data sharing
- Work with local teams to plan and implement INT deliverables and develop blueprint for wider implementation
- Local Area Coordinators

Summary – where are we going?

Sudbury has meant we can:

- Test ideas and strategy
- Strength of working together
- Care Homes developments
- Organisations work more closely than before
- Move forward into other areas, with good knowledge and tools
- Link workers to support teams – Healthy Living and Mental Health
- Local Area Coordinators

What are the challenges?

- VCS engagement
- Referral mechanisms – system vs locality
- Pace of implementation
- Metrics – we have not got the baseline for the Sudbury locality – real issue in understanding the issues
- Technology – taken time to develop possible solutions

Next steps

- Roll-out of Connect across West Suffolk
- Focus on the health and social care element of the integrated neighbourhood teams
- Immediate alignment of localism work and neighbourhood networks to understand how we work better with communities and build resilience

Questions?