# Skin Care Algorithm

**What are the primary treatment aims for the patient’s skin?**

<table>
<thead>
<tr>
<th>PREVENT</th>
<th>PROTECT</th>
<th>REPAIR</th>
<th>RESTORE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Moisture-associated skin damage from incontinence, wound exudate or perspiration</td>
<td>Mild skin damage from incontinence</td>
<td>Mild erythema +/- excoriation +/- maceration from wound exudate</td>
<td>Severe skin damage from incontinence or perspiration</td>
</tr>
<tr>
<td>Mild skin damage from incontinence</td>
<td>Moderate skin damage from incontinence</td>
<td></td>
<td>Skin hydration and maintain restored skin integrity</td>
</tr>
<tr>
<td>Mild to moderate skin damage from perspiration</td>
<td>Mild erythema +/- excoriation +/- maceration from wound exudate</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mild erythema +/- excoriation +/- maceration from wound exudate</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Use **LIFTEEZ** where required to remove any adhesive dressings or devices to prevent trauma from skin stripping.

- Cleanse with Epimax Cream
- Protect from incontinence with Conotrane
- Protect with MEDI DERMA-S Total Barrier Cream
- Protect with MEDI DERMA-S Total Barrier Film 30ml Pump Spray. 1ml Applicator for macerated/peri wound
- Protect with MEDI DERMA-PRO Skin Protectant Ointment. Review after 2 weeks
- Protect from incontinence with Conotrane

**NHS Ipswich and East Suffolk Clinical Commissioning Group**
**and NHS West Suffolk Clinical Commissioning Group**
Proshield Protectant Pathway

Request comes in for
Proshield Protectant

ASK:
Is the patients’ skin INTACT?

YES
Has the patient tried
Conotrane barrier cream first?

NO
Has the patient tried
Medi Derma-S barrier cream first?

YES
Issue:
Medi Derma-S barrier cream 90g tube
SECOND LINE

NO
Issue:
Conotrane barrier cream 100g tube
Place on repeat
FIRST LINE

YES
Issue:
Medi Derma-S barrier cream 90g tube
Acute issue only

NO
Issue:
Medi Derma-PRO skin protectant 115g tube
Acute issue only

YES
Issue:
Medi Derma-PRO skin protectant 115g tube

Useful Guidance:
CCG Skin Care Algorithm
CCG Skin Care Formulary
Available at IESCCG & WSCCG websites

Useful Contacts:
Medicines Management Appliance Nurses -
Denise.hutchinson4@nhs.net
Traleelashley@nhs.net

ADVISE:
Healthcare professional should review after 2 weeks treatment

After 2 weeks:
Follow Medi Derma-Pro Pathway
Medi Derma-Pro Pathway

Request comes in for Medi Derma-Pro

ASK:
Is the patients' skin INTACT?

YES
Has the patient tried Conotrane barrier cream first?

NO
Has the patient tried Medi Derma-S barrier cream first?

NO
Issue: Conotrane barrier cream 100g tube
Place on repeat FIRST LINE

YES
Issue: Medi Derma-S barrier cream 90g tube
SECOND LINE

NO
Issue: Medi Derma-S barrier cream 90g tube
Acute issue only

YES
Issue: Medi Derma-PRO skin protectant 115g tube
Acute issue only

Useful Guidance:
CCG Skin Care Algorithm
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Useful Contacts:
Medicines Management Appliance Nurses - Denise.hutchinson4@nhs.net
Tralee.lashley@nhs.net

ADVISE:
Healthcare professional should review after 2 weeks treatment

After 2 weeks:
Restart Medi Derma-Pro Pathway

Developed by IESCCG & WSCCG Medicines Management Teams – Version 1.0 August 2019 – Review Date: August 2020
Proshield Foam & Spray Pathway

Request comes in for Proshield Foam & Spray

ASK:
Is the patients’ skin INTACT?

YES
Is the patient also prescribed Proshield Protectant OR Medi Derma-Pro skin protectant?

NO
Issue: Epimax emollient as soap substitute
Place on repeat FIRST LINE

YES
STOP Proshield / Medi Derma-Pro skin protectant
Not required for intact skin

Follow Proshield / Medi Derma-Pro Pathway for appropriate barrier cream for intact skin

NO
Is the patient also prescribed Proshield Protectant OR Medi Derma-Pro skin protectant?

YES
Issue: Medi Derma Foam & Spray Cleanser
Acute issue only

NO
Issue: Epimax emollient as soap substitute
Place on repeat FIRST LINE

YES
Follow Proshield / Medi Derma –Pro pathway
Does the patient still require Medi Derma-Pro skin protectant?

NO

YES
After 2 weeks:
Restart Medi Derma Pathway followed by Medi Derma Foam & Spray Pathway

STOP Proshield / Medi Derma-Pro skin protectant
Not required for intact skin

Follow Proshield / Medi Derma-Pro Pathway for appropriate barrier cream for intact skin
Medi Derma Foam & Spray Pathway

**Request comes in for Medi Derma Foam & Spray**

**ASK:**
Is the patients’ skin **INTACT**?

**YES**
Is the patient on Medi Derma-Pro skin protectant?

**NO**
Issue: Epimax emollient as soap substitute
Place on repeat **FIRST LINE**

**YES**
STOP Medi Derma-Pro skin protectant
Not required for intact skin

**NO**
Issue: Epimax emollient as soap substitute
Place on repeat **FIRST LINE**

**YES**
Follow Proshield / Medi Derma-Pro pathway
*Does the patient still require Medi Derma-Pro skin protectant?*

**YES**
Issue: Medi Derma Foam & Spray Cleanser
*Acute issue only*

**NO**
Follow Medi Derma-Pro Pathway for appropriate barrier cream for intact skin

After 2 weeks:
Restart Medi Derma Pathway followed by Medi Derma Foam & Spray Pathway