Prescribing of Barrier Preparations

Where a barrier preparation is required for the treatment of a minor or self-limiting condition, it is expected that Care Homes or patients would purchase a suitable product over-the-counter (OTC). It is not necessary or appropriate to request a prescription in these circumstances. Those products that are available for purchase OTC are indicated clearly in the formulary. Where a barrier preparation is required for a more serious or long-term condition, a formulary product should be prescribed.

Appropriate changes to the prescribing of:

- Cavilon® Barrier preparations
- PROSHIELD Plus Skin Protectant®
- PROSHIELD Foam & Spray Incontinence Cleanser®

Patients currently being prescribed these preparations should be reviewed by their Nurse, in partnership with their registered GP. Where considered appropriate, patients should be switched to the following alternative products:

- **Cavilon® barrier preparation** and **PROSHIELD® Plus Skin Protectant** will be switched to **Conotrane® cream** as the first line option alternative for intact skin.
- **PROSHIELD® Plus Skin Protectant** will be switched to **Medi Derma-S® or Medi Derma PRO®** as the first line option for broken skin, returning to Conotrane when skin has healed.
- **PROSHIELD® Foam & Spray Incontinence Cleanser** will be switched to **ZeroAQS® cream** or **Epi-max® cream** as an alternative soap substitute.

Proshield Plus and Medi Derma Pro should only be prescribed for severe moisture-damaged skin, alongside an appropriate skin care regime and holistic assessment, and should not be used long term. See **CCG Skin Care Algorithm** which can be used as a tool to ensure skin care regimes are reviewed appropriately.

Please refer to **Sharon.jones@medicareplus.co.uk** Nurse Specialist (Medicareplus) for any training needs as the manufacturer will be happy to discuss this further free of charge.

Useful contacts:

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