How to apply decolonising treatment

**Step 1** Wet skin and/or hair

**Step 2** Apply an adequate amount of decolonising treatment onto a washcloth

**Step 3** Wash the whole body and/or hair observing the **recommended contact time of 1 minute**. Pay particular attention to armpits and navel (belly button). Do not forget behind ears, feet – in particular between toes – and the back.

**Step 4** Rinse off
Step 5 Dry with a clean towel

Step 6 Put on clean clothing

Clean bedding is recommended at the beginning and end of the treatment if unable to change every day.